![MC900391024[1]]()

Move & Groove

FOR BOYS AND GIRLS!!!

We would like to offer a new after-school program starting in January! This program will run for 5 weeks starting January and each class will last an hour. During this hour the children will have access to three different genres of movement implementation. The first will be an introduction to stretching of the body from head to toe. The second will include a tumbling portion where the children will learn body control including summer saults and balancing acts. The third (and usually most entertaining) will include a rhythm lesson where the children are able to express themselves through body language with music! The children will learn the basics of body and motion control through dance.

**When**: Wednesday’s January 16th-February 15th **(grades K-2)**

**When**: Thursday’s January 17th-February 16th **(grades 3-5)**

**Time**: 2:45-3:45 p.m. **Where**: Cafeteria

**Cost**: $60

Please fill out attached registration form including registration fee,

and return to school in an envelope, attn. NCA Daycare.

Child’s Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DOB:\_\_\_\_\_\_\_\_\_\_ Grade\_\_\_\_\_\_\_\_\_

Parent Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent contact number\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Other Emergency contact \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Is this the first time your child has participated in a program of this kind?

Please circle: Yes No

My child has permission to participate in the Move & Groove after school program for the time period noted above.

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Parent Signature